

**تمرين 1 :** بسط ما يلي :

$$A = \cos^2\left(\frac{\pi}{8}\right) + \cos^2\left(\frac{3\pi}{8}\right) + \cos^2\left(\frac{5\pi}{8}\right) + \cos^2\left(\frac{7\pi}{8}\right)$$

$$B = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \sin^2\left(\frac{13\pi}{12}\right)$$

$$C = \cos^2\left(\frac{\pi}{12}\right) + \cos^2\left(\frac{11\pi}{12}\right) + 2\cos^2\left(\frac{5\pi}{12}\right)$$

$$D = \cos\left(\frac{\pi}{12}\right) \cdot \sin\left(\frac{7\pi}{12}\right) + \sin\left(\frac{\pi}{12}\right) \cdot \cos\left(\frac{5\pi}{12}\right)$$

$$E = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{3\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \sin^2\left(\frac{9\pi}{12}\right) + \sin^2\left(\frac{11\pi}{12}\right)$$

**تمرين 2 :** احسب ما يلي ،  $\cos\left(\frac{26\pi}{3}\right)$  ،  $\tan\left(\frac{85\pi}{4}\right)$  ،  $\sin\left(\frac{2015\pi}{6}\right)$

**تمرين 3 :** علما ان ،  $\cos\left(\frac{2\pi}{5}\right) = \frac{\sqrt{5}-1}{4}$

(1) احسب القيمة للعبارة  $\sin\left(\frac{2\pi}{5}\right)$

(2) استنتج القيم للعبارة  $\sin\left(\frac{-2\pi}{5}\right)$  و  $\sin\left(\frac{3\pi}{5}\right)$  و  $\cos\left(\frac{\pi}{10}\right)$

**تمرين 4 :** لكل عدد حقيقي  $x$  نضع ،  $A(x) = \sin\left(x + \frac{\pi}{4}\right) + \cos\left(x + \frac{\pi}{4}\right)$

▪ بين ان :  $A(-x) = A(x)$

▪ بين ان :  $A(\pi - x) = -A(x)$

**تمرين 5 :**  $x$  عدد حقيقي ، بين ان :

$$(1) \sin^4 x - \cos^4 x = \sin^2 x - \cos^2 x$$

$$(2) \sin^4 x + \cos^4 x = 1 - 2\sin^2 x \cos^2 x$$

$$(3) \sin^6 x + \cos^6 x = 1 - 3\sin^2 x \cos^2 x$$

$$(4) \sin^2\left(\frac{2\pi}{5}\right) - \cos^2\left(\frac{2\pi}{5}\right) = \cos^2\left(\frac{\pi}{10}\right) - \sin^2\left(\frac{\pi}{10}\right)$$

$$= \cos^2\left(\frac{\pi}{8}\right) + \cos^2\left(\frac{3\pi}{8}\right) + \cos^2\left(\frac{5\pi}{8}\right) + \cos^2\left(\frac{7\pi}{8}\right)$$

$$A = \cos^2\left(\frac{\pi}{8}\right) + \cos^2\left(\frac{3\pi}{8}\right) + \cos^2\left(\pi - \frac{3\pi}{8}\right) + \cos^2\left(\pi - \frac{\pi}{8}\right)$$

$$A = \cos^2\left(\frac{\pi}{8}\right) + \cos^2\left(\frac{3\pi}{8}\right) + \left(-\cos\left(\frac{3\pi}{8}\right)\right)^2 + \left(-\cos\left(\frac{\pi}{8}\right)\right)^2$$

$$A = \cos^2\left(\frac{\pi}{8}\right) + \cos^2\left(\frac{3\pi}{8}\right) + \cos^2\left(\frac{3\pi}{8}\right) + \cos^2\left(\frac{\pi}{8}\right)$$

$$A = 2\left(\cos^2\frac{\pi}{8} + \cos^2\frac{3\pi}{8}\right) = 2\left(\cos^2\frac{\pi}{8} + \cos^2\left(\frac{\pi}{2} - \frac{\pi}{8}\right)\right)$$

$$A = 2\left(\cos^2\frac{\pi}{8} + \sin^2\frac{\pi}{8}\right) = 2$$

$$B = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \sin^2\left(\frac{11\pi}{12}\right)$$

$$B = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{\pi}{2} - \frac{\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \sin^2\left(\frac{\pi}{2} + \frac{7\pi}{12}\right)$$

$$B = \sin^2\left(\frac{\pi}{12}\right) + \cos^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \cos^2\left(\frac{7\pi}{12}\right)$$

$$B = 1 + 1 = 2$$

$$C = \cos^2\left(\frac{\pi}{12}\right) + \cos^2\left(\frac{11\pi}{12}\right) + 2\cos^2\left(\frac{5\pi}{12}\right)$$

$$C = \cos^2\left(\frac{\pi}{12}\right) + \cos^2\left(\frac{5\pi}{12}\right) + \cos^2\left(\frac{5\pi}{12}\right) + \cos^2\left(\frac{11\pi}{12}\right)$$

$$C = \cos^2\left(\frac{\pi}{12}\right) + \cos^2\left(\frac{\pi}{2} - \frac{\pi}{12}\right) + \cos^2\left(\frac{5\pi}{12}\right) + \cos^2\left(\frac{\pi}{2} + \frac{5\pi}{12}\right)$$

$$C = \cos^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \cos^2\left(\frac{5\pi}{12}\right) + \left(-\sin\left(\frac{5\pi}{12}\right)\right)^2$$

$$C = 1 + \cos^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) = 1 + 1 = 2$$

$$D = \cos\left(\frac{\pi}{12}\right) \cdot \sin\left(\frac{7\pi}{12}\right) + \sin\left(\frac{\pi}{12}\right) \cdot \cos\left(\frac{5\pi}{12}\right)$$

$$D = \cos\left(\frac{\pi}{12}\right) \cdot \sin\left(\frac{\pi}{2} + \frac{\pi}{12}\right) + \sin\left(\frac{\pi}{12}\right) \cdot \cos\left(\frac{\pi}{2} - \frac{\pi}{12}\right)$$

$$D = \cos\left(\frac{\pi}{12}\right) \cdot \cos\left(\frac{\pi}{12}\right) + \sin\left(\frac{\pi}{12}\right) \cdot \sin\left(\frac{\pi}{12}\right)$$

$$D = 1$$

$$E = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{3\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \sin^2\left(\frac{9\pi}{12}\right) + \sin^2\left(\frac{11\pi}{12}\right)$$

$$E = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{7\pi}{12}\right) + \sin^2\left(\frac{3\pi}{12}\right) + \sin^2\left(\frac{9\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{11\pi}{12}\right)$$

$$E = \sin^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{\pi}{2} + \frac{\pi}{12}\right) + \sin^2\left(\frac{3\pi}{12}\right) + \sin^2\left(\frac{\pi}{2} + \frac{3\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \sin^2\left(\frac{\pi}{2} + \frac{5\pi}{12}\right)$$

$$E = \sin^2\left(\frac{\pi}{12}\right) + \cos^2\left(\frac{\pi}{12}\right) + \sin^2\left(\frac{3\pi}{12}\right) + \cos^2\left(\frac{3\pi}{12}\right) + \sin^2\left(\frac{5\pi}{12}\right) + \cos^2\left(\frac{5\pi}{12}\right)$$

$$E = 3$$

من خلال هذه الأمثلة متلاحظ أن تبسيط مثل هذه التعبيرات يعتمد على أمرين هامين،

= أولا ملاحظة العلاقة بين الأعداد للوجود مثلا، إذا اعتبرنا العددين  $\frac{\pi}{12}$  و  $\frac{5\pi}{12}$  فبعد جمعها نجد:  $\frac{\pi}{2}$  أي أن:  $\frac{5\pi}{12} = \frac{\pi}{2} - \frac{\pi}{12}$

بينما إذا اعتبرنا العددين:  $\frac{\pi}{7}$  و  $\frac{8\pi}{7}$  فبعد طرحها نجد:  $\pi$  أي أن:  $\frac{8\pi}{7} = \pi + \frac{\pi}{7}$

= الأمر الثاني هو استعمال هذه للملاحظة و تطبيق قواعد الحساب الثلاثي لأجل التبسيط و الحساب إن أمكن.

**تمرين 2:**

$$\cos\left(\frac{26\pi}{3}\right) = \cos\left(\frac{24\pi + 2\pi}{3}\right) = \cos\left(8\pi + \frac{2\pi}{3}\right) = \cos\left(\frac{2\pi}{3}\right) = -\frac{1}{2}$$

$$\tan\left(\frac{85\pi}{4}\right) = \tan\left(\frac{84\pi + \pi}{4}\right) = \tan\left(21\pi + \frac{\pi}{4}\right) = \tan\left(20\pi + \pi + \frac{\pi}{4}\right) = \tan\left(\pi + \frac{\pi}{4}\right) = \tan\left(\frac{\pi}{4}\right) = 1$$

$$\sin\left(\frac{71\pi}{3}\right) = \sin\left(\frac{72\pi - \pi}{3}\right) = \sin\left(24\pi - \frac{\pi}{3}\right) = \sin\left(-\frac{\pi}{3}\right) = -\sin\left(\frac{\pi}{3}\right) = -\frac{\sqrt{2}}{2}$$

قد نتساءل عن طريقة كتابة الأعداد أعلاه

الأمر ببساطة يعتمد على إجراء قسمة عادية، مثلا بعد قسمة 26 على 3 سيكون الخارج 8 والباقي 2 لذلك كتبنا

$26\pi = 3 \times 8\pi + 2\pi = 24\pi + 2\pi$ ، ويمكن أيضا كتابته على شكل فرق:  $26\pi = 27\pi - \pi$ ، لكن يستحسن العمل الأول

لأنه يعطينا عددا زوجيا في الخارج بعد القسمة مما يسمح بتطبيق مباشر للخاصية:  $\sin(x + 2k\pi) = \sin(x)$  أو

$\cos(x + 2k\pi) = \cos(x)$  أما بالنسبة لـ  $\tan$  فالأمر ليس ضروريا لأن:  $\tan(x + k\pi) = \tan(x)$

**تمرين 3:**

$$\text{نعلم أن: } \sin^2\left(\frac{2\pi}{5}\right) + \cos^2\left(\frac{2\pi}{5}\right) = 1 \text{، منه: } \sin^2\left(\frac{2\pi}{5}\right) + \left(\frac{\sqrt{5}-1}{4}\right)^2 = 1 \text{، منه: } \sin^2\left(\frac{2\pi}{5}\right) + \frac{6-2\sqrt{5}}{16} = 1$$

$$\text{منه: } \sin^2\left(\frac{2\pi}{5}\right) = 1 - \frac{6-2\sqrt{5}}{16} = \frac{16-6+2\sqrt{5}}{16} = \frac{10+2\sqrt{5}}{16}$$

$$\text{وبما أن: } \frac{2\pi}{5} \in [0; \pi] \text{، فإن: } \sin\left(\frac{2\pi}{5}\right) \geq 0 \text{، بالتالي: } \sin\left(\frac{2\pi}{5}\right) = \frac{\sqrt{10+2\sqrt{5}}}{4}$$

$$\sin\left(\frac{3\pi}{5}\right) = \sin\left(\pi - \frac{2\pi}{5}\right) = \sin\left(\frac{2\pi}{5}\right) = \frac{\sqrt{10+2\sqrt{5}}}{4} \text{، } \sin\left(\frac{-2\pi}{5}\right) = -\sin\left(\frac{2\pi}{5}\right) = -\frac{\sqrt{10+2\sqrt{5}}}{4}$$

$$\cos\left(\frac{\pi}{10}\right) = \cos\left(\frac{\pi}{2} - \frac{2\pi}{5}\right) = \sin\left(\frac{2\pi}{5}\right) = \frac{\sqrt{10+2\sqrt{5}}}{4}$$

تذكر دائما القاعدة الأساسية للحساب الثلاثي:  $\sin^2(x) + \cos^2(x) = 1$

$$A(x) = \sin\left(x + \frac{\pi}{4}\right) + \cos\left(x + \frac{\pi}{4}\right) : \text{تمرين 4}$$

$$A(-x) = \sin\left(-x + \frac{\pi}{4}\right) + \cos\left(-x + \frac{\pi}{4}\right) = \cos\left(\frac{\pi}{2} - \left(-x + \frac{\pi}{4}\right)\right) + \sin\left(\frac{\pi}{2} - \left(-x + \frac{\pi}{4}\right)\right) \quad \text{لدينا : 1}$$

$$A(-x) = \cos\left(\frac{\pi}{2} + x - \frac{\pi}{4}\right) + \sin\left(\frac{\pi}{2} + x - \frac{\pi}{4}\right) = \cos\left(x + \frac{\pi}{4}\right) + \sin\left(x + \frac{\pi}{4}\right) = A(x)$$

$$A(\pi - x) = \sin\left(\pi - x + \frac{\pi}{4}\right) + \cos\left(\pi - x + \frac{\pi}{4}\right) = \sin\left(\frac{\pi}{2} - \left(\pi - x + \frac{\pi}{4}\right)\right) + \cos\left(\frac{\pi}{2} - \left(\pi - x + \frac{\pi}{4}\right)\right)$$

$$A(\pi - x) = \cos\left(\frac{\pi}{2} - \pi + x - \frac{\pi}{4}\right) + \sin\left(\frac{\pi}{2} - \pi + x - \frac{\pi}{4}\right) = \cos\left(x + \frac{\pi}{4} - \pi\right) + \sin\left(x + \frac{\pi}{4} - \pi\right) \quad \text{لدينا : 2}$$

$$A(\pi - x) = \cos\left(x + \frac{\pi}{4} + \pi\right) + \sin\left(x + \frac{\pi}{4} + \pi\right) = -\cos\left(x + \frac{\pi}{4}\right) - \sin\left(x + \frac{\pi}{4}\right) = -A(x)$$

في كلا السؤالين استعملنا القواعد التالية:  $\sin(x) = \cos\left(\frac{\pi}{2} - x\right)$  و  $\cos(x) = \sin\left(\frac{\pi}{2} - x\right)$

$$\cos(x - \pi) = \cos(x + \pi) = -\cos(x) \quad \text{و} \quad \sin(x - \pi) = \sin(x + \pi) = -\sin(x)$$

تمرين 5 :  $x$  عدد حقيقي

$$\sin^4 x - \cos^4 x = (\sin^2 x)^2 - (\cos^2 x)^2 = (\sin^2 x + \cos^2 x)(\sin^2 x - \cos^2 x) = 1 \times (\sin^2 x - \cos^2 x)$$

$$\sin^4 x - \cos^4 x = \sin^2 x - \cos^2 x \quad \text{1}$$

$$\sin^4 x + \cos^4 x = \sin^4 x + 2\sin^2 x \cos^2 x + \cos^4 x - 2\sin^2 x \cos^2 x$$

$$\sin^4 x + \cos^4 x = (\sin^2 x + \cos^2 x)^2 - 2\sin^2 x \cos^2 x = 1 - 2\sin^2 x \cos^2 x \quad \text{2}$$

$$\sin^6 x + \cos^6 x = (\sin^2 x)^3 + (\cos^2 x)^3 = (\sin^2 x + \cos^2 x)(\sin^4 x - \sin^2 x \cos^2 x + \cos^2 x)$$

$$\sin^6 x + \cos^6 x = 1 \times (\sin^4 x + 2\sin^2 x \cos^2 x + \cos^2 x - 3\sin^2 x \cos^2 x)$$

$$\sin^6 x + \cos^6 x = (\sin^2 x + \cos^2 x)^2 - 3\sin^2 x \cos^2 x$$

$$\sin^6 x + \cos^6 x = 1 - 3\sin^2 x \cos^2 x \quad \text{3}$$

$$\sin^2\left(\frac{2\pi}{5}\right) - \cos^2\left(\frac{2\pi}{5}\right) = \cos^2\left(\frac{\pi}{2} - \frac{2\pi}{5}\right) - \sin^2\left(\frac{\pi}{2} - \frac{2\pi}{5}\right) = \cos^2\left(\frac{\pi}{10}\right) - \sin^2\left(\frac{\pi}{10}\right) \quad \text{4}$$