

الامتحان الوطني الموحد للبكالوريا
المسالك المهنية
الدورة العادية 2022
- الموضوع -

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المملكة المغربية
وزارة التربية الوطنية
والتعليم الأولي والرياضة
المركز الوطني للتقويم والامتحانات

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شعبة الخدمات: مسلك فنون الطبخ - خدمات الطعامة - الاستقبال الفندقية -
اللوجستيك - تصميم الأزياء

الشعبة أو المسلك

[1] The Montreal Museum of Fine Arts together with Médecins Francophones in Canada have come up with a new idea to help sick people. The doctors will prescribe free visits to Montreal's art galleries, instead of giving **them** medicine. The prescription is valid for two adults and two children. According to the museum, this is the first initiative of its kind in the world and is designed to assist people with physical and mental ailments. The program welcomes patients into a relaxing experience. It's an opportunity for them to rest, strengthen their connections with loved ones and see works of art from famous artists.



[2] The patients include people with breast cancer, eating disorders and mental health problems. Thomas Bastien, director of education and wellness at the museum, notes that they have been working with the medical community for 20 years to try to use art to help their patients. But this will be the first time that the doctors will be able to make museum prescriptions. Bastien believes that art heals. "We saw that the museum was good for people, so we decided to start this program with the doctors," he said.

[3] Dr Hélène Boyer, vice president of Médecins Francophones, spoke about the positive impact of art on people's health. She said: "There's more and more scientific proof that art therapy is good for your physical health." She said that looking at art increases hormones released in our bodies. These hormones are responsible for our wellbeing. Dr Boyer said that visiting art galleries releases the same kinds of hormones that are released when we practise sports. Nathalie Bondil, the museum director, said that "it's mainly the beautiful and inspiring space that can boost patients' mood and make them feel better."



[4] Laura was diagnosed with cancer in 2017. She experienced a lot of anxiety and frustration as she was going through cancer treatment. Following her doctors' advice, she resorted to art therapy. "Going to art galleries makes me feel better," she said. "However, it's not enough to overcome the pain. I had to take my medicines on a regular basis," she added with tears in her eyes. John has been suffering from severe psychological disorders for years. "Visiting galleries and museums has helped me a lot. I feel relaxed; I spend great time with my friends. I no longer take my medicines and my mood has improved," he said.

[5] Doctors hope the initiative will be adopted by museums around the world. **They** believe that it can open new doors, not only for the patients, but also for the doctors.

